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'Sports hub' skates ahead

DARTMOUTH

Staff report recommends Olympic-sized ice surface



Haley Ryan
Metro | Halifax

One city councillor says he's happy to see staff recommending that an Olympic-sized ice surface be constructed as part of the future Dartmouth four-pad arena, which will become "a sports hub" for the community.

In a report coming to regional council Tuesday, staff are recommending the city go ahead with the request for proposals (RFP) for the design, build and operation of the new four-pad rink on Commodore Drive in Burnside that is hoped to be completed

by fall 2017.

"The rink users in Dartmouth are in dire need. We definitely need this four-pad and we need it opened," area Coun. Darren Fisher said Sunday.

The four-pad is expected to run \$43-million and is modelled after the BMO Centre in Bedford, the report says, although an update from the original plan has one of the ice surfaces increased to an Olympic-sized rink alongside three other NHL-sized surfaces.

After consulting with local skating groups, the report said the Olympic surface would allow short track speed skaters to practise at the four-pad, with the extra ice supporting younger winter athletes learning new skills.

Fisher said the area has a "burgeoning" speed skating com-

munity and the Olympic surface means athletes in the eastern part of the municipality would no longer have to travel to another surface in Tantallon to train.

The community would like to see the number of seats increased from 80 to 300-500 around the Olympic rink, the report said, while an additional 280 square feet for amenities like additional change rooms and washrooms is also recommended for the RFP.

The extra space for amenities means users of the nearby beach volleyball courts and all-weather fields can use the four-pad instead of having their own structure built, Fisher said.

"My hopes certainly are that this building is the most energy-efficient building that it can possibly be," Fisher said.

180

Number of days for the request for proposal (RFP) process



Weather for making waves

Aaron Connors takes advantage of the warm weather to make waves on his Sea-Doo on Lake Micmac on Sunday. Temperatures got into the high teens Sunday afternoon and are expected to reach at least 20 C on Monday. JEFF HARPER/METRO



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Down electric avenue

AUTOMOTIVE

Conference comes to Halifax for the first time

Heide Pearson
For Metro | Halifax

"Is this thing on?"

That was my first thought on Sunday while sitting in the driver's seat of a fully electric Ford Focus.

Scott Smith from Ford took me to test drive one of many electric vehicles, or EVs, on the Nova Scotia Power parking lot off Lower Water Street in downtown Halifax.

The EVs are in town for Ride 'n' Drive, part of the annual Electric Mobility Canada conference happening at the Westin Nova Scotian from Monday through Wednesday. It's the first time the conference has come to Atlantic Canada.

Once I pressed the "on" button, the car was completely silent. I checked for a little green symbol on the dash that indicated we were ready to roll.

"You're expecting that rumble, but you're not gonna get it here," assistant product marketing manager Smith said.

Cruising the city streets wasn't much different from being in a gas-powered car. I was expecting a whirring sound, or less power, but was surprised to find how natural the EV felt.

This model has a regenerative braking system, meaning



Reporter Heide Pearson gets instructions from Ford's Scott Smith during a test drive of the fully-electric Focus on Sunday. JEFF HARPER/METRO



Members of the public check out the electric Tesla Model S during a Ride 'n' Drive event on Sunday. JEFF HARPER/METRO

if you brake gradually, you recharge the battery. Smith said drivers can return from a short drive with more kilometres than they started with because they regenerate power from smart braking.

Also, if you drive efficiently,

blue butterflies fly across the dashboard screen at the end of your drive.

I got the butterflies, so I'm a natural.

There were several people at the event trying different EVs and hybrids. Mindy and

Damian McCarville drove the Mitsubishi i-MiEV, Nissan Leaf and Kia Soul electric vehicles.

"They're super cool," Mindy said. Damian loved the quiet drive and the power.

A standard EV can drive about 130 kilometres on a full charge, Smith told me. So they're ideal for short commuting.

Electric Mobility Canada president and CEO Chantal Guimont said she hopes to see more people driving EVs in the future. "It's a really irreversible trend," she said. "We're gonna get there; we just wanna make it faster."

A basic EV can go for \$30,000 to \$35,000, but the economic return can be seen within three to five years, Guimont said.

For me, the butterflies on my screen were a real hit.

FALL RIVER

Hearing tonight for six-storey dwelling

After years of waiting, planning and faith, the owners of a Fall River inn could soon see a major development on their property.

On Monday evening, a report recommending that a multiple-unit dwelling go up at 3009 Highway 2 beside the Inn on the Lake comes before North West Community Council for a public hearing.

"We're anxious. Four years is a long time. This building has (needed) quite a lot of patience and a lot of money, and faith on a lot of people's parts," co-owner Ron Nelson said Sunday about the process.

"There's a lot riding on it."

The proposal would see a six-storey residential building with 75 units, some in the 1,700 square-foot range, that

would roughly be three times the size of the boutique hotel Nelson took over in 1986 with his wife, Susan.

The report said the new building would be six storeys on the Lake Thomas side and four and five facing Highway 2, making it the largest in the Fall River area.

However, HRM staff are recommending the proposal go through since community concerns have been addressed, there are no neighbours that would be negatively impacted, and there's a real need for multiple unit housing in the area.

During a 2012 public meeting, Nelson said they heard a lot of concerns about traffic, water and sewer and impact on the lake.

HALEY RYAN/METRO

STAFF REPORT

Donation may save the city thousands

City staff would like to see regional council keep \$100,000 in the bag and accept a large contribution from GLAD.

In a report coming to regional council Tuesday, staff are recommending the city approve an in-kind contribution of 400,000 free sample packs of clear and blue garbage bags from GLAD Canada, for the municipality's upcoming switch to clear bags for curbside collection.

The company has estimated the value of the bags at \$310,000, which means the contribution

must come before council, since the city's sponsorship policy requires approval for anything over \$100,000.

The city already set aside \$100,000 to buy their own sample packs, but if the GLAD donation is accepted that money could be used elsewhere to enhance the marketing and education campaigns for the clear bag program, the report said.

GLAD has requested sponsorship in the form of a website link on Halifax's solid waste website, the report said. HALEY RYAN/METRO



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Cab driver Harry Richard poses for a photo in Dartmouth on Sunday. Richard was arrested after giving a ride to an alleged robber over the weekend. JEFF HARPER/METRO

'They had no reason to arrest me'

CRIME

Cabbie wants police apology after driving alleged robber



Kristen Lipscombe
Metro | Halifax

Harry Richard thought it would be just another weekend night shift of picking up and dropping off passengers.

The Dartmouth cab driver certainly didn't expect to be arrested during the early mor-

+ SUSPECT

The 43-year-old man who was Richard's taxi passenger is facing several robbery and attempted robbery charges and is expected to appear in provincial court Monday.

ning hours Saturday — after, he claims, he unknowingly transported an alleged criminal on a robbery spree around town.

"The guy was in my cab for three or four of them," he said Sunday of the 43-year-old man, who is facing several charges after allegedly holding up five

different places in four hours, including three Subway locations, a McDonald's restaurant and an Ultramar gas station.

Richard, 54, also ended up in handcuffs and said the police officers "were very rough with (him)." He isn't facing any charges.

"I didn't know what he was doing," the longtime Bob's Taxi employee said.

"Initially he was a (call) on Inglis Street, and he wanted a taxi to go get a pack of smokes and come back home.

"The place where we went was closed, so he wanted to go to Subway, so in my opinion he wanted to get something to eat."

The man then asked Richard

to take him to the Subway on Spring Garden Road, "so I'm guessing ... that they didn't have the sub that he wanted there."

The next stop was the McDonald's on Quinpool Road, and then they drove to a Needs Convenience store on Chebucto Road, where police officers arrested both driver and passenger.

"All I was doing was asking, 'Who's gonna pay for what's on the meter?' and then all of a sudden they're handcuffing me and taking me down," Richard said.

"Three hours later, when they realized I had no involvement, they let me go."

Halifax Regional Police said

in a news release the robberies happened late Friday and early Saturday. The suspect allegedly demanded money from all the clerks but only got cash from two places.

Richard said he has a heart condition that could have acted up during what he called a surprising turn of events.

Halifax Regional Police spokesman Sgt. J.D. McKinnon said Sunday officers would have had to arrest Richard at the same time as the suspect because they wouldn't have known whether he was involved.

McKinnon couldn't comment on how Richard was handled by arresting officers, but he said the

cab driver could file an official complaint through their professional standards department.

"Nobody wants to go through that, I'm sure," McKinnon said about the arrest. "But he was at that time (at the) place with the person who is accused of doing these robberies, so it's par for the course ... that he is brought back.

"Once it was learned that he wasn't involved, he was released."

Richard said he wants a public apology for being wrongly arrested.

"I lost the busy hours of my shift (and) I was humiliated," Richard said. "They had no reason to arrest me."

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IN BRIEF

Man faces assault charge

A man stabbed in Dartmouth early Saturday morning is expected to recover from his injuries, according to police. Halifax Regional Police said the 39-year-old victim suffered several stab wounds following an incident at about 12:30 a.m. on the 00 block of Primrose Street. Officers arrested a 20-year-old man who is now facing a charge of assault with a weapon. METRO

Police on lookout for man who tried to lure boy

Halifax Regional Police are looking for a man who allegedly tried to lure a young boy to get into his car in Clayton Park on Saturday. The incident happened at around 1:30 p.m. on Lacewood Drive in Halifax. A 13-year-old boy was allegedly approached by a man who appears to be Hispanic or Middle Eastern, police said. The man tried to convince the boy to get into his car, which was described to police as a white Toyota RAV4.

The boy was unharmed, and went immediately home to tell his parents. METRO

Man dead after overnight house fire in north end

One man died after a house fire in the city's north end, Halifax Regional Fire and Emergency Services confirmed Friday. Firefighters responded to the blaze at 3610 Barrington St. just after midnight. They found the lone occupant of the house, an "older man," unconscious at the scene, division commander Mike Blackburn said.

Paramedics transported the victim to hospital, where he succumbed to his injuries. There is still no word on the cause of the fire, Blackburn said. METRO



Ground search-and-rescue teams go door to door on Tower Road in south-end Halifax, looking for a man who called police in distress Sunday. JEFF HARPER/METRO

Search effort called off for injured man

EMERGENCY CALL

Police and rescue crews scoured city's south end



Kristen Lipscombe
Metro | Halifax

Search crews couldn't find a mystery man who called 911 Sunday asking for help.

Halifax Regional Police called off the search late afternoon

after scouring the city's south end, along with Halifax Regional Search and Rescue ground crews, because a man had called the emergency line at about 2 a.m., stating he was injured.

The man told dispatch he was near Tower Road, but Halifax Regional Police spokesman Sgt. J.D. McKinnon said he never turned up despite the day-long search that included University Avenue and Point Pleasant Park. "He said Tower Road, but

We're not sure if it's real or not, but we certainly have to treat it as that ...

Sgt. J.D. McKinnon

search and rescue this morning to look for him."

A police news release issued late Sunday said crews searched areas "well exceeding the area where the caller was thought to have been."

Police dogs also tried to sniff the man out, with no luck.

didn't know any other landmarks," McKinnon said of the man calling police in distress. "So night shift looked for him and then we called ground

+ BACKGROUND

Anyone with information on the injured man is asked to call police at 902-490-5020.

"We're not sure if it's real or not," McKinnon said of the possibility of a prank call, "but we certainly have to treat it as that, just in case."

"Better to be safe than sorry." McKinnon said police hope the potentially injured person "sought medical attention and is well."

COLLISIONS

Pedestrians hit most at crosswalks

Almost half of pedestrian-vehicle collisions that happened in Halifax during the first part of 2015 were in a marked crosswalk, according to a recent police report.

The report combines results from Halifax Regional Police and Halifax District RCMP, indicating that between Jan. 1 and April 30, 2015, there were 32 incidents of people hit by cars in crosswalks, making up 49 per cent of total pedestrian-vehicle collisions during that time period.

That number is a decrease from the same period last year, which saw 64 per cent of pedestrian-vehicle collisions, or 53 incidents total, happen in city crosswalks.

But this April saw a jump in pedestrian-vehicle collisions, the police report said, with 15 this year compared to 11 during the same month last year.

Two people died as a result of pedestrian-vehicle collisions across Halifax Regional Municipality during the first third of this year, according to the report, which is available in full online at halifax.ca.

HEIDE PEARSON / FOR METRO

IN BRIEF

Police called after teen shows up to hospital

A young man who showed up with a gunshot wound at the QEII hospital in Halifax hasn't been co-operating with investigators, police said.

At about 9:40 p.m. on Saturday, an 18-year-old man showed up at the hospital's emergency room with a gunshot wound to his hip area, Halifax Regional Police said. The victim is refusing to give police investigators any information in regards to what had happened to him. METRO

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POLICE

Bidding heats up on stolen bicycles

It was a spring success for nine-year-old Gregory Dorsey, who scored new wheels at a bike auction hosted by local police Saturday at the Mic Mac Mall parking lot in Dartmouth.

Gregory and his parents were at the Halifax RCMP-hosted event to find a bigger bike for him to ride this summer.

"We thought this was a good opportunity to get a

good deal," his mother, Kim Dorsey, said.

"It feels really good," Gregory said while sitting on his new ride. "I'm really excited."

The Mounties host an auction every couple of years, during which they sell off bicycles that have been found or stolen and never reclaimed.

The RCMP holds the bikes for a certain amount to give owners the chance to get them back before selling them

off to the highest bidder.

There were about 90 bikes up for sale Saturday, including an old-school-looking burgundy trike.

Professional auctioneers from ADESA car auction volunteered their time to sell the bikes to more than 200 interested buyers. Bidding on some bikes started as low as \$3, and some went for upwards of \$200.

Proceeds from the event

go toward the RCMP youth volunteer program, Stetsons and Spurs.

RCMP Const. Brenda Elson said that anyone who has had their bike stolen or lost should contact their local police detachment.

"It's easier if you know what the serial number is on your bike, or as much of a description as possible," Elson said.

HEIDE PEARSON/FOR METRO



Gregory Dorsey, 9, sits on his new purchase that he bid on at the Dartmouth Bike Auction on Saturday. HEIDE PEARSON/FOR METRO



The Princess Louise Fusiliers march through the streets of Halifax to demonstrate their "Freedom of the City."

HEIDE PEARSON/FOR METRO

Infantry unit holds parade

CELEBRATION

Princess Louise Fusiliers march through city in uniform

Heide Pearson
Metro | Halifax

The Princess Louise Fusiliers marched through the streets of Halifax on Saturday morning to exercise their traditional right of "Freedom of the City."

Led by bagpipes and drums, the military unit marched from the Halifax Armoury through the city's north end streets to the Grand Parade in

downtown Halifax with flags proudly flying.

The Fusiliers were dressed in full uniform — bright red jackets, hats and bayonets fixed at their sides.

Onlookers applauded the parade and snapped photos as they marched by them in unison.

The parade included veterans from operations in Afghanistan and Cyprus and the Former Republic of Yugoslavia, as well as domestic operations here in Canada.

The parade celebrates the trust between the city and the militia.

The Princess Louise Fusiliers is a light infantry unit of the Canadian Forces Reserve, tracing its history back to Halifax's 1749 founding.

TOP-HEAVY HALIFAX WATER WANTS TO ROLL BACK WORKERS' PENSIONS

The Halifax Regional Water Commission (HRWC) — which the Municipal Auditor General has described as being heavily stacked with managers — is trying to dramatically roll back its employees' pension benefits.

In his May, 2013 report, Auditor General Larry Munroe found that HRWC had an unusually high number of managers, most of whom supervise three or fewer employees.

Saying he hoped his audit would lead to questions about whether those positions were the best use of public resources, here's what else Munroe reported to Halifax Council:

- Halifax Water's compensation, job descriptions and the experience required for certain positions had a wide range and didn't always match the salary range that would be in place if that same person was working out of city hall.

- Halifax Water's finance director has essentially the same salary range as the municipality's director of finance and information, communications and technology (\$135,000 to \$165,000 a year), even though HRM is a significantly larger, more complex organization with direct responsibility for both Halifax Metro Centre and Halifax Regional Water Commission.

- Halifax Water has double the number of financial managers as it does other managers.

To read the report yourself, go here: www.halifax.ca/AuditorGeneral/documents/ABCsadministrativefunctionsReport.pdf

Add to this the questionable travel all over the globe of senior managers at Halifax Water (trips have included China, India, The Netherlands and more) and ratepayers may be left wondering why frontline workers' pensions have suddenly become the target of 'fiscal restraint.'



HANDS OFF OUR PENSIONS!

A message from CUPE Locals 227 and 1431



CUPE

Report reveals culture of misogyny at Dalhousie

DENTISTRY SCANDAL

Facebook page started as bonding group, became cruder

A report into sexist online posts by dentistry students at Dalhousie University has found that a Facebook page at the centre of the scandal began as a bonding exercise, but turned offensive.

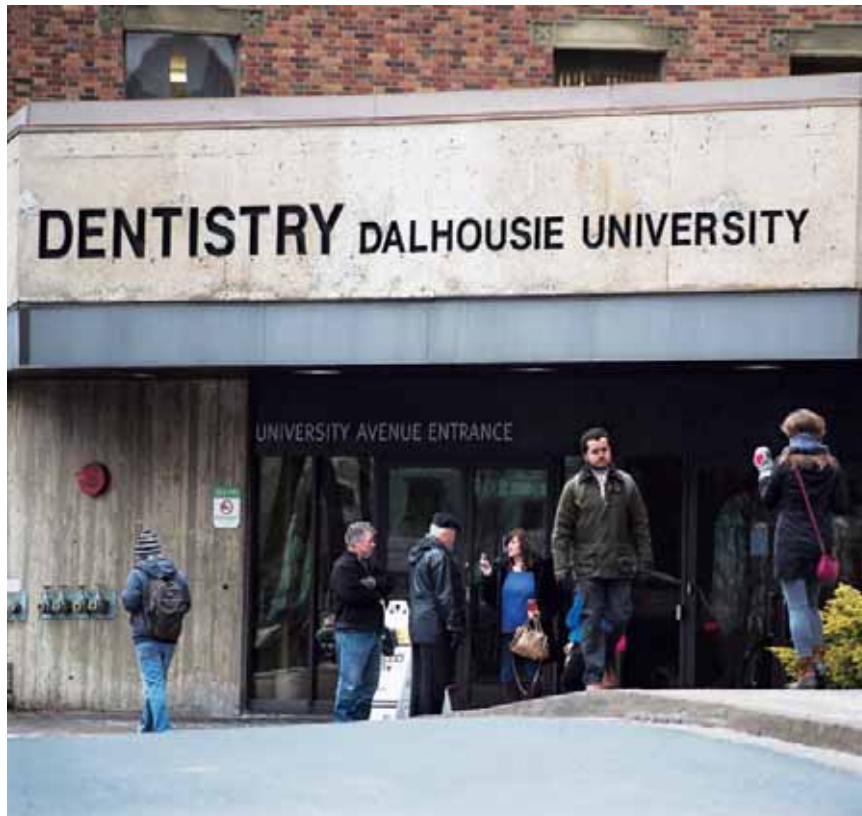
The report released Friday says the restorative justice process revealed a culture of unprofessionalism and competitiveness in the faculty.

"Members sought to 'one-up' each other in ways that were frequently crude in nature and aimed at shock value," says the 70-page report.

"The men's Facebook group began as a bonding activity but became a place to vent frustrations, often in unhealthy and at times extremely offensive ways."

The report was done after four female dentistry students complained last December that a Facebook page created by male students in the faculty contained misogynistic and sexually charged content about some of them.

The university launched a restorative justice process to resolve complaints about the comments. The school said the women in the class chose the



The Dalhousie University dentistry building depicted in Halifax on Jan. 12, 2015. Dentistry students have returned to class, but the 13 students who allegedly posted sexually explicit messages on a Facebook page will be taught separately. ANDREW VAUGHAN/THE CANADIAN PRESS

process, which was informal and confidential involving both men and women from the class.

Despite the report's findings, the university says the academic standards class committee determined the men are

eligible to graduate as long as they satisfy their clinical requirements.

The five-month restorative

+ SOCIAL MEDIA

Not so gentlemanly

In one Facebook post, a woman was shown in a bikini with a caption that says, "Bang until stress is relieved or unconscious (girl)."

justice process also found there were perceptions among participating students that racist, misogynistic and homophobic behaviours were not adequately handled, amid rumours of favouritism and unprofessionalism.

Members of the Class of DDS Gentlemen page on Facebook reportedly voted on which woman they'd like to have "hate" sex with and joked about using chloroform on women.

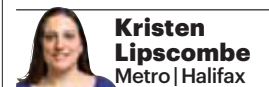
University president Richard Florizone temporarily suspended the male students in January after launching the process, which involved 29 students out of 38 in the fourth year class.

The restorative justice process included 12 out of the 13 men identified as members of the Facebook group, 14 women and three other men from the class. The 13th student from the Facebook group agreed to a remediation process that was required by the academic standards class committee.

THE CANADIAN PRESS

ROAD SAFETY WEEK

RCMP cracks down on drivers



Drinking and driving? Texting and cruising? Not wearing your seatbelt? The time to change your behaviour would be now, as the Mounties have been cracking down on Nova Scotians behind the wheel this month.

Over the week of May 12-18, Nova Scotia RCMP have stopped 15,300 drivers at checkpoints across the province, a recent news release said, as part of Canada Road Safety Week.

That includes intercepting 36 impaired drivers, issuing 25 roadside alcohol suspensions and laying an additional 1,434 charges, including 969 related to aggressive or distracted driving, as well not wearing a seatbelt.

Of the 36 impaired driving charges, 30 individuals had been affected by alcohol consumption and six were on drugs.

Canada Road Safety Week also included National Impaired Driving Enforcement Day on May 16. There were 10 impaired drivers intercepted and 12 provincial driving suspensions issued by police on that day alone.

"We want to thank the public for their assistance and patience during these important road safety initiatives," Nova Scotia RCMP Traffic Services spokesman Const. Mark Skinner said in the release.

The RCMP also want citizens to call 911 if they believe someone is driving while impaired.

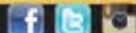


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ENVIRONMENT

Ecology Action Centre plants a 'living shoreline' in Halifax

A Nova Scotia environmental group is hoping to bring life back to the province's shorelines in an effort to ease the effects of flooding and coastal erosion.

Dozens of volunteers in rubber boots and gardening gloves turned out Sunday to help the Ecology Action Centre plant a "living shoreline" on the North-west Arm of Halifax Harbour.

On a narrow rocky beach, volunteers strapped bales of hay onto the crumbling coastal land. The bales are bound to the shore with rope and wood, piled with leaves and planted with native vegetation.

"We pack the shoreline just like you would pack a deep wound on your body," said Rosmarie Lohnes, who designed the project through her landscaping

company Helping Nature Heal.

Lohnes said the method is like building a "nature sandwich" along the shore.

"The hay bales are absorbing that water like a big sponge, and as the wave activity is moving in from the water side, they're also creating this absorbent layer that can buffer the sandy soils above them that had been eroding."

The state of the land above the shore also must be considered when restoring a coastline, she said. The patch of sloping municipal land that leads down to the water was frequently mowed, she says, which meant the soil was packed down and unable to absorb rainwater.

"It was a lot like a lawn, and a lot less like an ecosystem," said Robin Tress, coastal adaptation

co-ordinator with the Ecology Action Centre.

Tress said much of the previously mowed land is being converted to garden beds around the roots of trees, which she says is better suited to absorbing water and preventing flooding.

"So much research shows that coastal ecosystems and wetlands are really good for preventing flooding because the whole purpose of their existence is to manage the flow of water," Tress said.

Halifax recently ranked lowest among major Canadian cities in a evaluation of flood preparedness, conducted by the University of Waterloo. The study suggested cities across the country are ill-prepared to handle flooding from extreme rainfall.

THE CANADIAN PRESS

'Welcome to the first day of Alberta's new government'

POLITICS

NDP leader Rachel Notley sworn in as premier

NDP Leader Rachel Notley ushered in Alberta's first change of government in almost 44 years Sunday, being sworn in on the steps of the legislature as the 17th premier.

"Welcome to the first day of Alberta's new government," Notley told the cheering crowd under bright afternoon sunshine. "Today we open up a new chapter in the story of Alberta."

The other 11 members of Notley's new cabinet were also sworn in.

Former Calgary alderman Joe Ceci is the new finance minister.

Former teacher and school administrator Margaret McCuaig-Boyd is the new minister of energy.

Former NDP leader Brian Mason is the new minister of infrastructure and transportation.

The ceremony officially brought to a close 43 years,

+ CONTROVERSY

The Alberta NDP also ejected rookie Calgary Bow member Deborah Drever following the circulation of a series of questionable photos, including one deemed homophobic by the party.

Drever, 26, will sit as an Independent.



Rachel Notley is applauded on Sunday, after being sworn in as Alberta's 17th premier in Edmonton. JASON FRANSON/THE CANADIAN PRESS

eight months, and 15 days of Progressive Conservative rule, dating back to Sept. 10, 1971.

It is the longest stretch of power by one party in Canadian history.

Notley's team made its own history on May 5, capturing 54 of 87 legislature seats to dethrone the Tories under leader Jim Prentice.

It's the first NDP government in Alberta, and Notley becomes Alberta's second female premier after former Tory leader Alison Redford. It is also a passing of the torch.

Notley's father, Grant Notley, was the leader of Alberta's NDP during lean years for the party in the 1970s and early 80s. He died in a plane crash in 1984, just two years before the NDP made an historic breakthrough, winning 16 seats and forming official Opposition in 1986.

For Alberta, it's the first time in over a year, a premier is governing with a provincewide mandate.

After Redford quit in March 2014, she was succeeded by Dave Hancock, who was picked by the Tory caucus, and then by

“

Today we open up a new chapter in the story of Alberta.

NDP Leader Rachel Notley

Prentice, who won a PC party leadership contest.

The ceremony launches a busy schedule.

The cabinet will hold its first meetings, in Calgary, on Wednesday and Thursday.

On June 1, 86 of the 87 members of the legislature will be sworn in as MLAs.

Prentice won his seat in Calgary-Foothills but quit on election night, before all the votes had even been counted.

The legislature resumes on June 11 for the selection of a new Speaker.

There will be a speech from the throne on June 15 followed by a short session mainly to pass a bill to keep the province's money flowing while Notley's team crafts its first budget to be released in the fall.

Notley ran on a plan that includes higher income taxes for the wealthy and rolling back many of Prentice's proposed tax and fee hikes.

She has promised a review of oil royalties, to hike the minimum wage to \$15 by 2018, to fund thousands of new grade-school students arriving this fall, and to balance the budget by 2018-19.

The NDP hopes to put behind them a difficult week of transition. On Friday, the party formally apologized for using online invitations to the taxpayer-funded swearing-in as a way to raise funds.

The election has radically redrawn the legislature seating chart. The Tories, under interim leader Ric McIver, have been reduced from 70 seats before the election to just nine.

The Wildrose party, under new leader Brian Jean, captured 21 seats to remain the Official Opposition.

David Swann, the interim leader of the Liberals, is now the party's only legislature member. Greg Clark, leader of the Alberta Party, won for the first time in Calgary Elbow.

THE CANADIAN PRESS

CAMPAIGN

Middle class focus of NDP ad

The NDP is launching its first big pre-election ad campaign that shows a smiling Thomas Mulcair talking about the need to bolster Canada's middle-class.

The 30-second ad, which will begin airing on television Monday, puts a spotlight on two goals of the NDP in this pre-election period — putting a softer focus on Mulcair and highlighting the middle-class as a priority, a battleground that the Liberals and Conservatives have also flagged for the coming campaign.

In another sign of escalating political activity, the Liberals staged a so-called "weekend of action," with candidates and volunteers going door-to-door in more than 180 ridings.

Party spokesman Olivier Duchesneau says that Liberals visited more than 100,000 households on Saturday and Sunday, more than any other weekend outside an election.

"This demonstrates the strength and momentum of the grassroots movement we continue to build," Duchesneau told Torstar News Service.

The NDP's television commercial opens with a city skyline, cuts to a coffee shop opening for the day, then a dry-cleaner, as Mulcair narrates in the background.

"You work hard to give your family the best. Your government should be there to help your family make ends meet," the NDP leader said, pledging to put "families and their priorities first." The commercial then shows Mulcair sitting in a coffee shop, a cup on the table along with a newspaper and smartphone.

"I was raised on middle-class values and I'll work to strengthen the middle class," Mulcair says. "Together we can bring change in Ottawa. I invite you to be part of it," he says.

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HUMAN TRAFFICKING

Malaysia finds graves near border

Malaysian authorities said Sunday that they have discovered a series of graves in at least 17 abandoned camps used by human traffickers on the border with Thailand where Rohingya Muslims fleeing Myanmar have been held.

The finding follows a similar discovery earlier this month by police in Thailand, who unearthed dozens of bodies from shallow graves in abandoned camps on the Thai side of the border. The grim discoveries are shedding new light on the hidden network of jungle camps run by traffickers, who have for years held countless desperate people captive while

extorting ransoms from their families.

Most of those who have fallen victim to the trafficking networks are refugees and impoverished migrants from Myanmar and Bangladesh, part of a wave of people who have fled their homelands to reach countries like Malaysia, where they hope to find work or live free from persecution.

As Southeast Asian governments have launched crackdowns amid intensified international pressure and media scrutiny, traffickers have abandoned camps on land and even boats at sea to avoid arrest.

THE ASSOCIATED PRESS

A BEAUTIFUL MIND

John Nash, wife, killed in car crash

John Forbes Nash Jr., a mathematical genius whose struggle with schizophrenia was chronicled in the 2001 movie *A Beautiful Mind*, has died along with his wife in a car crash on the New Jersey Turnpike. He was 86.

Nash and Alicia Nash, 82, of Princeton Township, were killed in a taxi crash Saturday, state police said. A colleague who had received an award with Nash in Norway earlier in the week said they had just flown home and the couple had taken a cab home from the airport.

Russell Crowe, who portrayed Nash in *A Beautiful Mind*, tweeted that he was "stunned."

"An amazing partnership," he wrote. "Beautiful minds, beautiful hearts."

In a statement Sunday, his co-star in the film, Jennifer Connelly, called the couple "an inspiration," and the film's director, Ron Howard, tweeted that "it was an honour telling part



Princeton University professor John Nash.

THE ASSOCIATED PRESS FILE

of their story."

Known as brilliant and eccentric, Nash was associated with Princeton University for many years, most recently serving as a senior research mathematician. He won the Nobel Prize in economics in 1994 for his work in game theory, which offered insight into the dynamics of human rivalry. It is considered one of the most influential ideas of the 20th century.

THE ASSOCIATED PRESS

IN BRIEF

Polish president concedes defeat to challenger

Polish President Bronislaw Komorowski conceded defeat in the country's presidential election Sunday after an exit poll showed him trailing Andrzej Duda, a previously little-known right-wing politician. If the exit poll is confirmed by official results, which are due Monday, it marks a significant blow to the ruling Civic Platform party ahead of more important parliamentary elections this year. The pro-market and pro-European party has overseen unprecedented growth during its eight years of

power but is now being punished by voter discontent.

THE ASSOCIATED PRESS

Thousands evacuated in Nepal after landslide

Thousands of people fled villages and towns along a mountain river in northwest Nepal on Sunday after it was blocked by a landslide that could burst and cause flash floods, officials said. The landslide created a dam and a lake two kilometres long on the Kaligandaki River, said government administrator Yam Bahadur Chokhal.

THE ASSOCIATED PRESS



WEATHER RAINS CAUSE FLOODING, RESCUES, EVACUATIONS IN TEXAS, OKLAHOMA Highway patrolmen rescue Justin Nimmo, left, from his business, just in time, after flooding caused by rising water from Saturday night's storms trapped him in the store on Sunday in Purcell, Okla. Up to 25 centimetres of rain fell over 24 hours in parts of Texas, prompting numerous evacuations and rescues overnight and into Sunday, while a firefighter in northeast Oklahoma died after being swept away in floodwaters. STEVE SISNEY/THE OKLAHOMAN/THE ASSOCIATED PRESS

Gay couples awake to a new Ireland

JUSTICE DEPARTMENT

Plans to draft marriage bill this week

Gay couples of Ireland woke up Sunday in what felt like a nation reborn, with dreams of wedding plans dancing in their heads.

This new reality was sinking in after the Irish people voted with a surprisingly strong 62 per cent "yes" to enshrine the right to gay marriage in the country's conservative 1937 constitution. Thousands of revellers of all sexual identities celebrated until dawn after the result was announced Saturday night.

The Justice Department confirmed Sunday it plans to draft a

marriage bill this week that will permit those taking vows in civil ceremonies to choose either to be "husband and wife" or "spouses of each other." It will ensure that no church is required to perform a gay marriage, a key demand of the dominant Catholic Church and also the main Protestant and Muslim communities in Ireland.

Deputy Prime Minister Joan Burton said she expects the bill to become law by early July. Because existing law requires a minimum three-month notice for any civil marriages, the first gay weddings cannot happen until the fall.

For Sen. Katherine Zappone and Ann Louise Gilligan, their day has nearly come. Since 2003 they have fought for legal recognition of their Canadian mar-

“There aren’t that many moments in life where you are surrounded with an exuberance of joy. These are rare moments.”

Ann Louise Gilligan

riage, suffering setbacks and delays as they sued the state all the way to the Supreme Court.

"For so long, I've been having to dig in my heels and say ... Well, we *are* married. I'm a married woman!" said Zappone, a Seattle native who settled with

her Irish spouse in Dublin three decades ago.

"We are now entering a new Ireland," said Gilligan, a former nun.

Zappone and Gilligan thrilled a crowd of thousands of rainbow flag-waving revellers Saturday at the results centre at Dublin Castle with a playful promise to renew their vows. Zappone dramatically broke off from a live TV interview, stared directly into the camera, and asked Gilligan to marry her all over again.

"I said yes to Katherine 12 years ago at our marriage in Canada," Gilligan, nearby, shouted to the crowd. "And now we are bringing the 'yes' back home to Ireland, our country of Ireland! Yes, yes, yes!"

THE ASSOCIATED PRESS

CLEVELAND, OHIO

Streets calm after protests over officer's acquittal

The streets largely remained calm Sunday morning after police in riot gear made numerous arrests overnight of protesters angered by a patrolman's acquittal in the deaths of two unarmed black suspects in a barrage of police gunfire.

Michael Brelo, 31, faces administrative charges while remaining suspended without pay after he was found not

guilty Saturday on two counts of voluntary manslaughter, but he no longer faces the prospect of prison. The anxious city now awaits a decision on criminal charges against a white officer in the fatal shooting of a black 12-year-old boy with a pellet gun.

Brelo and 12 other officers fired 137 shots at a car with Timothy Russell and Malissa

Williams inside it on Nov. 29, 2012. The shooting occurred at the end of a 35-kilometre chase involving more than 100 Cleveland police officers and 60 cruisers after Russell's Chevy Malibu backfired while speeding past police headquarters. During the chase, an officer reported that he thought he'd seen Williams with a gun. At the end, po-

lice mistook police gunfire for shots from Russell's car.

Brelo fired 49 of those shots that night, but it was the final 15 fired into the windshield while he stood on the hood of Russell's car that led to his indictment and a four-week trial. He faced up to 22 years in prison if convicted on both counts.

THE ASSOCIATED PRESS

FAMILY BUSINESS

Cresco is more than a company

The team at Cresco knows you don't have to share genetics to be family.

The custom home builder started out in 1989 with Hossein Mousavi and his two original partners. Five years later, Taleb Abidali joined the company and, today, not only are he and Mousavi the sole principals of Cresco, but they are also close friends. Cresco is more than just a company, it's a family. There are many opportunities for staff to get together, including the family summer boat cruise and dinner on the Halifax waterfront or the annual Christmas dinner.

Cresco began to plant the seeds for its future growth in the mid-2000s. Its biggest accomplishment came to fruition in 2006 with the acquisition of more than 1,300 acres



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of land, now being developed as The Parks of West Bedford. It is a massive 25-year undertaking with partner Clayton Developments.

At Cresco, it's not just about building high-quality homes, it is about building communities one home at a time. It's about being part of, growing with, and giving back to the community. Buying a home is the biggest financial decision customers make in their lives.

"We help our customers through their process on a personal level," says Jessica MacLennan, customer experience co-ordinator.

"Emotions when buying a home can be high, and we try to assist in every way we can. Family helping families."

What makes a Cresco home stand out? MacLennan says the answer is one word: Quality.

"A Cresco home is unique. There are features we include in our homes that one wouldn't be able to see on the surface."

For example, there is two inches below-grade insulation under the entire basement floor slab, and one-and-a-half inches of Styrofoam on exterior walls.

"We also have beautiful finishes and

selections from the best suppliers in Halifax. Whether it's that beautiful hardwood floor or granite countertop, it's available."

Cresco is currently building in Russell Lake West in Dartmouth and in The Ravines of Bedford South.

It offers everything a homeowner could want — bungalow townhomes, two-storey townhomes, two-storey homes, bungalow homes, and custom homes.

Cresco won the CAFE family enterprise of the year award for Nova Scotia in 2015 and was one of two runners-up nationally.

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A VISIONARY IN VINEYARDS

Benjamin Bridge winery is an ambitious and visionary project.

It began in 1999 when Gerry McConnell and Dara Gordon purchased land in the Gaspereau Valley with the bold vision to create a world-class winery. They engaged a team of international experts to assess the potential for producing wines that would best reflect their growing environment and be recognized at national and international levels.

In 2002, Benjamin Bridge pioneered trad-

itional method sparkling wines in Nova Scotia, and, since then, has distinguished itself as Canada's finest sparkling wine producer. In addition, Benjamin Bridge specializes in brisk, aromatic whites, including the iconic Nova 7 wine, which is the top-selling white wine in Nova Scotia, outpacing all domestic and international offerings.

Several years ago, the winery chose to dedicate small volumes of otherwise sold-out product to opening new markets and, today, its wines are available across Canada — a first

for a Nova Scotia winery — and also in Japan.

Despite its growth, Benjamin Bridge remains a family business at heart. Gerry and Dara's daughters, Ashley and Devon, oversee the daily operations with close family members involved in every aspect of the business. Those team members who are not relatives are still part of the Benjamin Bridge family, and all share an unconditional commitment to quality and a passion for building something very special in the rural Gaspereau Valley.



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Dulux Paints in Bedford excels in customer service

It's all about customer service at Dulux Paints in Bedford.

The store has been under the same family ownership and at the same convenient location for 14 years. Collectively, the staff at Dulux Paints in Bedford has almost 100 years of experience in the residential and contractor paint business.

Dulux Bedford believes strongly in old-fashioned customer service and always

has time to personally help you choose the proper paint for the job.

Dulux Bedford is the best in town at recommending colour. It knows what's popular and also knows the current trends. Just bring in some pictures of your project, a piece of fabric or flooring and Dulux will build a colour scheme around it.

With 6,000 of its own colours, as well as formulas for all other paint suppliers in its

computerized tinter, Dulux makes the job easy. To complement your new decor, Dulux also offers a wide selection of custom-made window blinds and shades.

The Dulux Paint brand is now part of the PPG Architectural Coatings group and has a product for every need.

It is also a supplier of Amercoat Protective Coatings and PPG.

From low or zero VOC paints, interior, exterior, deck products, Dulux Paints in Bedford has it all.

The team at Dulux Paints Bedford is your paint and coating expert. It is locally owned, operated and ready to serve you. The store is open weekdays from 7:30 a.m. to 6 p.m., and Saturdays from 8 a.m. to 4 p.m.




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BUSINESS THE FAMILY WAY



METRO CUSTOM PUBLISHING *FAMILY BUSINESS*

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Keizer's aims to keep customers happy

Customer service is not an option at CSN Keizer's Collision Centre, it is a priority. That kind of dedication is getting noticed.

Last year, Keizer's was named shop of the year by Collision Solutions Network, a national network of collision repair shops. And now the shop at 1681 Sackville Dr. has been named the first in Nova Scotia to be a ProFirst Certified Honda Canada collision facility.

"As well, we are days away from achieving our I-car aluminum certification for repairing all the new F150 aluminum bodied trucks," says owner Dale Keizer.

"We purchased all the latest aluminum repair equipment to stay ahead of industry trends."

Keizer's offers professional repairs to all makes and models of cars, trucks, and sport utility vehicles. You will find a professional, courteous, and stress-free environment at Keizer's.

Dale Keizer's parents opened the doors at Keizer's 35 years ago and it is a family business to the core. Keizer runs the business with his two sons, Justin, who helps manage the new automotive centre, and Jordan, who works as a collision technician at the collision centre. Their goal for the last 30 years has been to keep customers happy, which is



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still their goal today and every day.

"My father now sells cars at Keizer's auto sales and he is well-known in the community for his honesty and loyal commitment to his community," Keizer says.

"It's because our community has supported us over the years that our business continues to grow to better serve them."

Keizer's said the business likes to invest back into the industry by setting up mentoring opportunities for young people with the collision technicians.

"We believe heavily in process and transparency for our staff and tracking our key performance indicators for sustainability for the next 20 years," he says. "With every

business decision we make we ask how it will affect our clients, our employees and our business, not only short term, but for the next 20 years."

No job is too big for Keizer's to handle. This shop is well-known for its expertise in unibody car straightening and all repairs have a written lifetime guarantee.

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CELEBRATING FAMILY

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Maintaining a small family feel

With 22 new vehicle franchises in its portfolio, the O'Regan's Automotive Group employs more than 850 talented people in Nova Scotia. The company is growing and looking for engaged people to join its team.

Basil Cruikshank joined O'Regan's in 1975 and oversees the sales and valuation of used vehicles.

"The most unique thing to me was the sense of family," he says. "They really treat everyone with respect, no matter what their job is."

Ron Cox joined the company for a summer job in 1974 and it turned into one of the longest summer jobs ever.

"What attracts people to the company is its genuine interest in its employees," he says.

Cox says the O'Regan's environment encourages and allows for staff to grow personally and professionally, which helps fuel the company's success.

The company offers employees a comprehensive benefits and rewards package, and invests in training to ensure its employees have the tools they need to succeed.

O'Regan's has an employee family assistance program, so it supports not just the staff, but the staff's families. As well, O'Regan's has an RRSP program and a scholarship program for the children of employees.

Despite its large size, O'Regan's maintains a small family feel. O'Regan's is now a third-generation automotive business with five family members in leadership positions.

With its size, there is room for growth



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within the company.

Last year alone, one-third of newly hired employees came through employee referrals, so it's clear the O'Regan's culture resonates with its staff.

With O'Regan's commitment to investing in its team with training, development, benefits and rewards, it is no wonder the company was named one of Canada's 10 most admired corporate cultures by Waterstone

Human Capital in 2013 as part of its Canada's most admired program.

If you are interested in joining the O'Regan's team, visit oregans.com/careers to view the latest job openings.

CONSUMERS CHOOSE O'REGAN'S

With close to 130 new car dealerships in Nova Scotia, people have a lot of options when it comes time to purchase a new vehicle.

Manager Basil Cruikshank says the O'Regan's Automotive Group has a simple objective in how it treats its customers.

"Simply treat people fairly and with respect and they will come back," he says.

It works.

For five years in a row, O'Regan's has won the consumer choice award for new and pre-owned automobile dealer for Halifax.

O'Regan's also offers choices. It has 22 franchises for new vehicles and five for used.

O'Regan's has dealerships for Toyota, Hyundai, Kia, Nissan, BMW, Buick, Cadillac, Chevrolet, GMC, Infiniti, Lexus, Mercedes-Benz, MINI, Scion, Smart, Subaru and Volkswagen, so it can provide a vehicle for any stage of a customer's life.

In addition to the new car service departments, O'Regan's has three detailing centres, offers car and truck rentals, has a collision centre, and a NAPA Auto Pro location, so your



The O'Regan's Automotive Group treats its customers like family. Mary-Ellen O'Regan, left, Patrick O'Regan, Sean O'Regan, Kathleen O'Regan, and Tim O'Regan. CONTRIBUTED

complete after-purchase vehicle servicing needs are taken care of.

The company is heavily invested in the community. Each year, it contributes more than \$300,000 in cash and in-kind contributions to local, provincial and national organizations in health care, education, the arts, sports and many grassroots initiatives. In addition to its

annual giving, O'Regan's recently contributed \$1 million to the new Halifax Central Library.

The O'Regan's name has been in the Nova Scotia auto business for 100 years. To celebrate its centennial, the company has implemented three exciting initiatives to thank its clients, invest in the community and celebrate its employees.

CELEBRATING 100 YEARS

2015 marks 100 years since S.E. O'Regan started in the automotive business in Parrsboro. O'Regan operated dealerships for Ford, then Chrysler and later Chevrolet and Oldsmobile.

O'Regan's two sons, Stephen and Paul, grew up working at the family garage.

In 1974, Paul started O'Regan Motors, a used car dealership in Dartmouth, and his brother Stephen joined him seven years later.

In 1985, the two acquired their first new car dealership, Scotia Chev Olds Cadillac, on Robie Street. Since then, O'Regan's has grown to a team of more than 850 employees with 22 new car franchises and five used car dealerships.

Customers purchasing a new or used vehicle this year have the chance to win \$100,000. For the community, the company is making a \$100,000 donation to the IWK. The O'Plause O'Wards will allow employees demonstrating excellence in customer service, teamwork or initiative to have a chance to win a weekly prize.

O'Regan's maintains an A-plus rating through the Better Business Bureau.

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BUSINESS THE FAMILY WAY

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SARTY SIDING IS ON YOUR SIDE

Sarty Siding and Windows Ltd. is a family business through and through.

The company was started by William (Bill) Sarty in 1974. Fred Hutchinson joined the company in 1979 as a siding installer. In 1989, with Sarty planning to retire, Hutchinson and his wife, Joyce, purchased the company. Hutchinson continues to work the business everyday along with his wife, son and son-in-law.

In 1989, Hutchinson hired Louise McKeen,

who now manages the business. Her son, a 12-year employee, as well as her daughter, a six-year employee, are also part of the Sarty team. The company still has one of the original crews from Day 1. "Many who join our team tend to stay on," McKeen says. "We become an extended family."

The company has expanded from its early days as a siding company to include windows, doors, roofing, decks, etc.

Sarty's aim is customer satisfaction. Clients calling in talk to an actual person, receive a scheduled site visit and a written quote. The Sarty team is with you from the initial call to completion of the project.

The crews are all trained and certified installers and Sarty offers a written 10-year workmanship warranty with the added comfort of being an accredited member of the Better Business Bureau for 33 years with an A-plus rating.

Prices in effect until June 2nd, or while quantities last.

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'Like' the LumberMart Facebook page, then post a picture of a project that LumberMart has supplied or installed and you could win!



Lumbermart is eager to help

Lumbermart is a second-generation family business.

The everything-you-need store opened in 1984 by Fred and Lynn O'Hearn. Their son, Jason O'Hearn, took over the family business in 2015 — that's 31 years of helping families like yours.

Lumbermart has two locations: 751 Herring Cove Rd.; and 15 Wright Ave. in Burnside Park.

"We are eager to help and believe that you have to get in touch with your customers and understand their project as much as they do," Jason O'Hearn says. "Our staff is knowledgeable and can point you in the right direction when you need it, as well as leave you alone when you don't."

O'Hearn says they can help you find everything on your list in a 15-minute visit. Hot

items this summer are Terra Brown pressure treated wood, and super sheds.

Lumbermart offers delivery, estimating, installation and project consultation services on almost every product it sells. Plus, it has some of the most competitive prices in the province.

"We have a fast turnaround time on pricing for projects such as decks, garages, sheds, docks, playgrounds, siding, roofing, kitchens, bathrooms, flooring, and even new homes," O'Hearn says.

Lumbermart is very understanding of the contractor trade and its unique needs.

"Ask us about helping rebuild your collapsed roof, garage, shed, deck and siding," O'Hearn says. "If you have an issue or just want to have a talk, I'm in one of the stores everyday."

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Understanding unique challenges

Dalhousie University centre offers support

Family businesses are of vital importance to the Maritimes. In provinces like Nova Scotia and New Brunswick, one just needs to hear the names Sobeys and Irving to understand their significance.

Leslie Crowell, the director of Dalhousie University's centre for family business and regional prosperity, says family businesses could play a key role in helping grow Nova Scotia's economy, especially in rural areas where there is an migration of people as they move to larger urban centres.

"Oftentimes, family businesses in rural areas can be a cornerstone of the local economy," Crowell says.

However, family businesses face some unique challenges, such as succession. This is especially relevant in Nova Scotia because of our aging population and the fact so many business owners are nearing retirement.

In a family business, the decision of what family member will take over the business must be made. Not surprisingly, this can cre-

ate resentment, conflict or tension within the family as, potentially, one child will be picked over another.

"It's not an easy decision for the founder to make or the children to hear," Crowell says.

For family businesses that don't have a plan, they are walking on dangerous ground.

"If you don't have a plan, you're kind of asking for trouble," says Scott Flemming, the chair of the advisory board for Dalhousie's centre for family business and regional prosperity.

This is just one crucial way how the centre can help.

Officially launched in May 2011 with funding support from BMO Financial Group, the centre's goals are education, research and outreach. It offers seminars to educate family business members about ways of dealing with the unique issues they face.

"It's really about thinking about the different structures that can be put in place to



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minimize those issues," Crowell says.

The centre also offers networking opportunities, which is important because many family business members believe they are the only ones encountering problems.

"These are great learning opportunities with peers who have experienced and understand similar issues," Crowell says.

Besides his chairing of the advisory board, Flemming serves as the vice-president and co-owner of Ocean Contractors Limited, a second-generation family business that he runs with his brother, John. Flemming says the centre helps fill a critical need.

"There are a lot of businesses out there that don't know they need the support."

dal.ca/familybusiness

GENERATING REGIONAL PROSPERITY THROUGH FAMILY BUSINESS



The Armour Family, 2014 Family Legacy Series Honourees

Dalhousie's Centre for Family Business and Regional Prosperity and founding partner BMO Financial Group recognize the important role family businesses have played in building the foundation of our economy. The Centre's education, research and outreach initiatives support the continued growth of future generations.

"You can't choose your family...but you can choose the Centre for Family Business and Regional Prosperity."

Register for our upcoming programs:

MONDAY, JUNE 22 – KPMG Speaker Series –
Succeeding at Succession, featuring Daniel Van Der Vliet, Cornell University

WEDNESDAY, NOVEMBER 4 – Business
Family Fundamentals for Family Members,
Dr. Robert Blunden, Dalhousie University

WEDNESDAY, DECEMBER 2 – THURSDAY, DECEMBER 3 – Business Family Dynamics
for Advisors, Wendy Sage-Hayward,
University of British Columbia

THURSDAY, MAY 5 – FRIDAY, MAY 6, 2016
Atlantic Canada Family Business Summit



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A PASSION FOR WORKING TOGETHER

It's not a family business, it's a family IN business.

Dalhousie University business Prof. Robert Blunden, who grew up in such a family, likes to make this distinction whenever he is lecturing on the subject. He says there is a difference between the business itself and the family running it.

Blunden's father and grandfather set up Blunden Supplies in 1949 near the grain

elevators in Halifax's south end. It soon became Blunden Construction and moved to Spryfield in 1968. Blunden ran the building supply division in the '70s, but it closed in 1981. He eventually ventured out of the family business, finding a new career in teaching. He



Robert Blunden

designed the first university course in the province on family business and founded the Nova Scotia chapter of the Canadian Association of Family Enterprise.

Blunden Construction is still thriving with Blunden's younger brother and nephew at the helm.

"We might get four generations, we'll see," he says.

While family businesses make up about 70 to 80 per cent of the economy, Blunden says, multi-generational companies are rare.

"Most family businesses don't make those inter-generational transitions. Only about a third make it from first generation to second, and only about a third of those make it to the third generation, so now you're down to about 10 per cent."

A third of those, down to about three per cent, make it to a fourth generation. Blunden says it's usually because owners, especially if they are a founder, don't want to let go or don't feel anyone else is good enough to take over.

"It may also be the next generation doesn't want to run that business," Blunden says.

Family businesses can work really well because, generally, there is a passion for the work. Plus, family members can work well together and often share a long-term



SHUTTERSTOCK

vision for the company.

"But there's a flip side to that, too," Blunden says. "You know these people so well you know how to push their buttons."

— Jennifer Taplin

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CONTRIBUTED

Wheaton's marks 25 years

Wheaton's is a family business in many ways. Not only are the original owners still involved in its daily operations, but Wheaton's is essentially a place for families.

The stores have something for everyone. The products include furniture, home decor, gourmet foods, as well as toys and games for kids.

Going to Wheaton's is a family-friendly outing. Operations manager David Bradford says he takes great joy in watching families browse through the stores together.

"You see parents redecorating in their minds with new furniture, kids getting excited about classic jigsaw puzzles, then holding a tray for mom and dad while they choose their favourite K-Cups. It's fun to watch," he says.

Moments like these reinforce Wheaton's objective to provide an experience for customers.

The stores don't have traditional retail

shelving. Instead, products are displayed using furniture Wheaton's manufactures at its woodworking shop in Berwick, allowing people to experience and better understand how the products will fit in their home.

Wheaton's is particularly well-known for its dining sets because each table is hand-crafted one at a time, allowing for changes that make each one unique. More importantly, Wheaton's sees the dinner table as a centerpiece of any family's home.

"We're honoured that so many Maritime families gather around a Wheaton's table for meals together," Bradford says.

The first Wheaton's location was in Berwick; today, the company has five locations in New Brunswick and Nova Scotia, with the other Nova Scotia locations in Dartmouth Crossing and Lower Sackville. The company employs more than 100 Maritimers.

Phone gripes top of CRTC list

TELECOMMUNICATIONS

Many wrote to watchdog about billing issues

Wireless carriers automatically renewing customers' contracts without their consent; clients being kept on hold for hours while trying to cancel their services; mysterious charges from unknown third parties popping up on customers' phone bills: These were some of the most commonly cited allegations in hundreds of complaints lodged by consumers with the CRTC about telecom companies between January and August of 2013 obtained via Access to Information legislation.

A few of the appeals are heart-wrenching. One complainant alleges Bell wouldn't stop harassing him about his deceased wife's account, even though he had paid it off.

"Losing my wife of 45 years was hard enough, but dealing with ineptitude like this makes it even harder," he wrote.



A man checks his smartphone in Vancouver. Consumers lodged hundreds of complaints against telecom companies between January and August of 2013. THE CANADIAN PRESS FILE

Another wrote to the CRTC in desperation, accusing Bell of shutting off service for an "unknown reason" and that five calls to the company had failed to resolve the problem.

"Please please help me," the complainant wrote. "I'm 77

"I'm 77 years old and just lost my wife and I need my phone."

One complainant to CRTC

years old and just lost my wife and I need my phone and Bell won't fix the error that they caused."

In its response letter to the CRTC, Bell said it had accidentally disconnected the customer's phone line a week earlier

than requested but restored service a few days later.

BCE Inc., Rogers Communications Inc. and Telus Corp. say the number of complaints filed about telecom companies has been steadily declining as all three companies have worked to improve customer service.

Ottawa has introduced a number of regulations in recent years to address some of the issues contained in the complaints.

An annual report from the complaints commissioner suggests the measures are having an effect.

The commissioner accepted 11,340 complaints by the end of 2014 — down 17 per cent from the previous year.

Roughly 32 per cent — or 3,651 complaints — were about Bell, down nearly seven per cent from the previous year. Rogers and its discount brand, Fido, came in second with 3,284 complaints, a decline of about 31.5 per cent.

Telus received 653 complaints, roughly six per cent of the total and a decline of about 26 per cent.

THE CANADIAN PRESS

+ ODD GROUSES

No answer on Halloween:

One person alleges Bell cut off his phone instead of renewing the contract the night of Halloween, leaving him out of touch with his girlfriend, who was trying to reach him.

Flipping the bird:

Another person alleges when he told a Telus truck to slow down in his neighbourhood, he was given the finger; a client rep he spoke to laughed at him.

Blowing the horn:

A complainant whose service was interrupted while workers were installing equipment alleges Telus said restoration would take weeks. The complainant looks after a young woman with multiple sclerosis who "has been using an air horn to get our attention ... We need our phone back."

THE CANADIAN PRESS



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ROSEMARY WESTWOOD

metroview

"I will not strap on a stiff bra and pretend I don't have nipples."

I have nipples.

As does everyone. So why are we obsessed with hiding them?

Instagram clarified its nipple rule last week: They are a no-no, but breast-feeding is OK, as are mastectomy scars. Facebook is also anti-nip.

Not only do we censor bare-breasted women (in a country where going topless is legal), we pressure them to hide any trace of nipples under their shirts. The nipple hysteria is comically vast.

There are tabloid sightings of celebrity nipples beneath tops (last week it was Rihanna's). A Fox News affiliate recently blurred the nipples in a Picasso painting for its TV audience.

Pointy nipples cost Anne Hathaway brutal headlines at the 2013 Oscars. Jennifer Aniston's nipples have a Twitter handle a decade after the end of Friends. And one website offers up the "15 hottest actresses busted with erect nipples."

All these nipple naysayers are absurd. We allow cleavage, and the outlines of breasts and butts under clothes. But nipples? Gasp!

At work, or even strolling around the city, nipples seem not only rude but somehow naughty. As if nipples = sex.

Meanwhile, hard-nippled or bare-chested men cause no offence, even though,

as my sister pointed out, "Women's nipples are at least used for a purpose."

I simply don't get it. They're only part of the natural shape of the breast. But even that has become vulgar.

We buy mass-market bras that create the taut symmetrical curve of a coconut, perched right under the chin. Any jiggle or droop is shamed. I'm sick of feeling like the only acceptable tit is the one that looks pasted on by a bad plastic surgeon.

And, I never thought I'd long for 2009, but that was when New York Magazine ran an article asking "Are Nipples 2009's Must-have Fashion Accessory?". That year, nipples starred on spring runways and Victoria Beckham let hers be perky, causing an uptick in nipple surgeries and the suggestion she was a "nipple role model."

I could use one of those.

Since my preteen years, I've felt like it's my job to hide them. But this summer, I will not be compressed or embarrassed. I will not strap on a stiff bra and pretend I don't have nipples just because clothing has gotten thinner with the season.

They're not indecent, and they're not there to be ogled.

I'm not some kind of nipple-free Barbie doll. So, deal with it.

#MYMETRO

Mark Dowdell, Edmonton

What are you up to?

I walked over from my office at Atco Gas, a few blocks away, to have lunch on the square.

What is your commute?

I drive. My commute is less than 15 minutes from Forest Heights to downtown. I'd be tempted to ride my bike if I didn't have to pick up my son from daycare.

Where should someone new to the city visit?

Definitely the River Valley. That's why I live where I do. I use it all the time to bike or run.

What are you binge-watching or reading right now?

I have a young child, so no time to binge-watch. But I did catch up on several episodes of Mad Men before the finale.

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Culture shift is breaking up dentistry's boys' club

HALIFAX MATTERS

Stephen Kimber



For me, the most intriguing section of Friday's 65-page report on the restorative justice process at Dalhousie's dentistry school is the evolution of the now-infamous "Class of DDS 2015 Gentlemen" group.

The Facebook group caused a scandal and resulted in the suspension of 13 male students after sexist posts came to light in December.

It was, in fact, only one of three private groups — men's, women's and general — that students in the Class of 2015 created as they began their studies in September 2011. Initially suggested by a fourth-year student, the idea was to "share information, jokes, homework, and to bond and get to know each other." (Why

the bonding had to be gender-segregated isn't clear.)

Perhaps not surprisingly, homework was mixed with re-posted content, including "crude quotations from stand-up comedians and popular movies, and decontextualized quotations from instructors or class presentations." Students took familiar Internet content and added sexual innuendos with dentistry themes. They tried to "one-up" each other in terms of shock value.

By third year, however, the "jovial tone" of the posts had morphed into something else. They became "accusatory, expressing frustration and ... distrust of the faculty" as students vied for position in the highly competitive, academically critical Dalhousie Dental Clinic. One student (gender not identified) compared it to "surviving the Hunger Games."

At this point, gender apparently became more significant.

Some posts reference rumours of "sexually inappropriate relationships" between female students and male faculty, and suggest those students may have gotten "preferential treatment." Frustrations, the report said, spilled over into other aspects of life, including the Facebook group. The worst jokes made light of sexual violence against female patients and fellow students.

The report highlighted a disconnect. Dentistry's old boys' culture had smacked up against the changing social reality of a university that emphasizes gender diversity in the admissions process. Investigators learned of a private lounge where students scrawled graffiti — since painted over — of not only the "I-was-here" variety but also of sexist and homophobic remarks. Dalhousie also had a tradition of alcohol-fuelled, student-organized roasts fea-

Dentistry's old boys' culture had smacked up against the changing social reality.

turing demeaning jokes about fellow students and faculty.

What happened in the School of Dentistry is about much more than simple bad behaviour. Instead, it's yet another footnote in the ongoing generational and seismic social transformation in relations between men and women. Unfortunately, it probably isn't the last.

Stephen Kimber is a professor of journalism at the University of King's College in Halifax and an award-winning writer, editor and broadcaster. Halifax Matters runs every Monday.

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HIGHS & LOWS

Tear factor

Several films got the crowds blubbing at this year's festival, especially the Amy Winehouse documentary *Amy* and the moving lesbian love affair at the heart of *Carol*.

Stiletto-gate

A social media storm erupted after reports that some women had been turned away from the red carpet for not wearing high heels.

3D penis

The biggest crowds of the week were seen at the midnight showing of *Love*, a hyper-sexual 3D film which featured some wince-inducing closeups in director Gaspar Noé's tale of "blood, sperm and tears." Sadly, critics said the tears were mostly the result of boredom, not controversy.

McConnaissance stumble

The seemingly unstoppable "McConnaissance" hit its first obstacle when his new film *The Sea of Trees* received loud boos and open derision. The story of a man wandering in a Japanese forest where people commit suicide received a slew of one-star reviews.

AFP



Curtains fall on Cannes

ON THE FRENCH RIVIERA

Dheepan wins top prize in another year of great films, terrible turkeys

A French thriller spotlighting the plight of traumatized refugees building new lives captured the Palme d'Or top prize at the Cannes Film Festival on Sunday.

As countries around the world grapple with an influx of people fleeing global crises, a jury led by Hollywood filmmakers Joel and Ethan Coen chose the gritty picture *Dheepan*, about Sri Lankan asylum seekers by acclaimed French director Jacques Audiard, among 19 international contenders.

"To receive a prize from the Coen brothers is something pretty exceptional," Audiard said, clutching the trophy.

"I'm very touched," he said.

Audiard, a Cannes favourite, specializes in films about broken people looking for fresh starts, as in critical triumphs such as *A Prophet*, *Rust and Bone* and *The Beat That My Heart Skipped*.

In *Dheepan*, novelist and former child soldier Anthonythasan Jesuthasan plays an ex-Tamil Tiger fighter escaping Sri Lanka's brutal civil war. He and two strangers — a woman and a nine-year-old girl — pretend to be a family to make it to France on fake passports.

Once they arrive in a rough



French migrant drama *Dheepan* starring Anthonythasan Jesuthasan captured the Palme d'Or at this year's Cannes, while Vincent Lindon won best actor and Rooney Mara and Emmanuelle Bercot shared the best actress prize. CONTRIBUTED; GETTY IMAGES

housing estate on the outskirts of Paris, the makeshift family begins to bond and *Dheepan* must use his battlefield experience to keep the three of them safe from drug gangs waging a turf war.

Anthonythasan himself fought for the Tamil Tigers from the age of 16 before making it in 1993 on a fake passport to France, where he was granted political asylum.

Audiard, who spoke to his actors through an interpreter on set, told reporters during the festival that he "couldn't have placed Sri Lanka on a map"

when he started working on the screenplay.

He had rather sought "to approach a love story from a completely different angle" and offer a portrait of his country from the perspective of outsiders looking in.

Other winners

The harrowing Holocaust drama *Son of Saul* by Hungarian newcomer Laszlo Nemes, offering unflinching depictions of the gas chambers of Auschwitz, claimed the Grand Prize, runner-up for best picture.

"This continent is still haunted by this subject," Nemes said.

And *The Lobster*, a surreal, pitch-black comedy about modern love by Greece's Yorgos Lanthimos and starring Colin Farrell and Rachel Weisz, bagged the third-place Jury Prize.

Best director honours went to Taiwan's Hou Hsiao-Hsien for the visually lush, slow-burn martial arts film *The Assassin*.

The nine-member panel handed the best-actress trophy to two winners: U.S. star Rooney Mara for the lesbian love story *Carol*,

which also stars Cate Blanchett; and France's Emmanuelle Bercot, in the doomed romance *Mon roi* (My King) by fellow actress-turned-filmmaker Maiwenn.

In a strong night for the host country, France's Vincent Lindon won best actor for his moving turn as a job-seeker standing up for his dignity in *The Measure of a Man*.

Mexican director Michel Franco clinched best screenplay for *Chronic* starring British actor Tim Roth as a nurse caring for dying patients. AFP



Interviews for June 2015 workshop start in May



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A home-buying reality check

BUDGETING

Interest, taxes and insurance can cost much more than rent

MONEY MATTERS

Gail Vaz-Oxlade
gailvazoxlade.com



I have a young friend whom we will call Meg who is 23, has a great job, and is thinking of buying her first home. She came over for tea to run the plan past me.

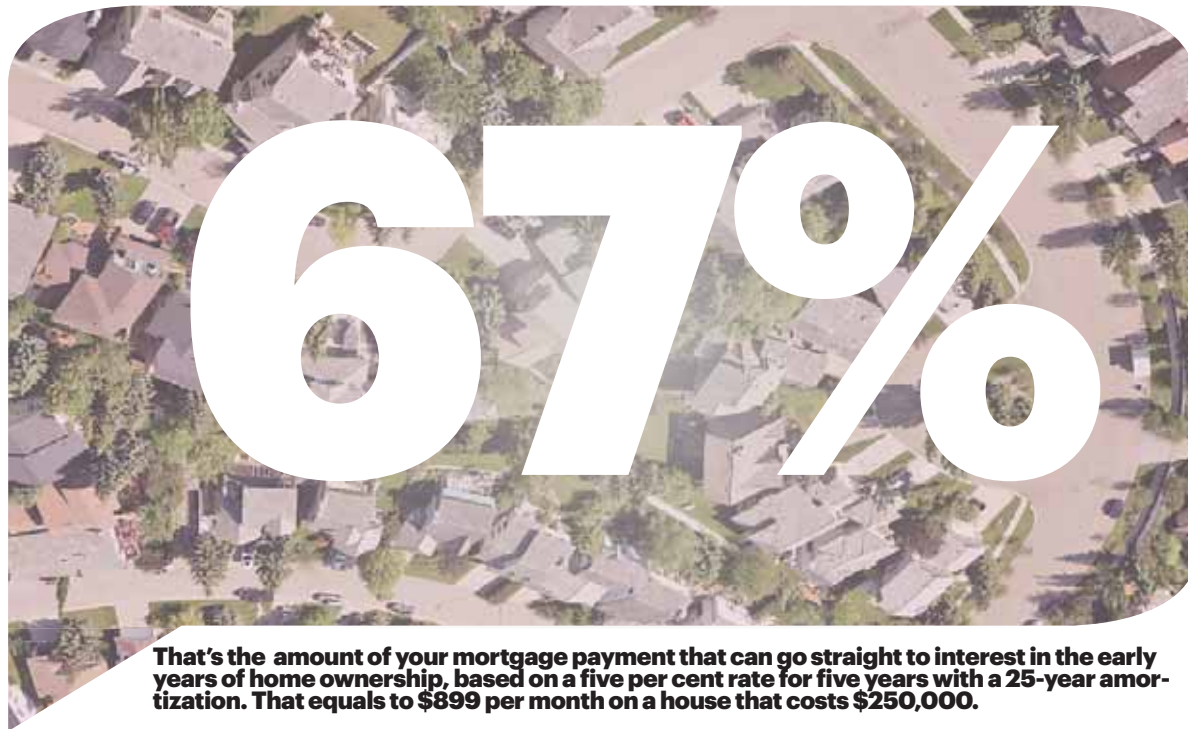
She and her boyfriend, Jackson, will move into the home together. They've already saved a down payment of \$25,000. Meg's take-home pay is \$4,000 a month net. Jackson's is \$2,000.

While the bank says they will qualify for up to a \$300,000 mortgage, Meg and Jackson think that's too much debt. They're thinking of buying a \$250,000 home. (No, they're not in a major city, so property values aren't as high.)

We ran some numbers and built some scenarios to see what we would see.

First up, CHMC mortgage insurance: If you put less than 20 per cent down on a home, you'll have to buy insurance from CMHC so that if you can't make the payments the bank is off the hook for the loss. The premiums for mortgage insurance are calculated as a percentage of the loan and depend on your down payment.

For Meg and Jackson buying a \$250,000 home, amortized over



25 years with 10 per cent down, their premium would work out to \$5,400. Hey, what's another \$5,400 if that gets them into a new home lickety-split, right?

Well, actually, it won't be \$5,400 if Meg and Jackson do what most people do and just roll that premium into their mortgage. Over the life of the mortgage at just five per cent for the total amortization, that premium will end up costing \$9,421 when you add on the interest. To add insult to injury, if you default, the bank's butt is

covered but CMHC will take you to court to recoup any losses they eat in the deal. So much for that premium you paid.

Next up was the "renting is a waste of money" question, which was why Meg and Jackson were so fired up about buying as soon as possible. Friends, family, the world had told them that renting is like flushing money down the toilet. Why would you waste money paying off someone else's property?

I took Meg to a mortgage calculator website to show her how much of your monthly mortgage

payment would go to interest in those early years. We put in the mortgage amount (house price – down payment + mortgage insurance) of \$230,400, at five per cent for five years with a 25-year amortization. The payment popped up: \$1,340 a month. She smiled. That was completely manageable and she was thrilled.

But hang on now, said I, how much of that is actually going towards your principal? I pointed to the Term Interest Cost, which was a whopping \$53,922.35. So of the \$80,400 in payments Meg and Jackson would make on their

mortgage in the first five years, 67 per cent or \$899 a month would go straight to interest. Add on the cost of property taxes (\$200/mo) and home insurance (\$75/mo) and they're up to \$1,174 a month in money spent that does nothing to pay off their new home. Hey, that looks like rent to me!

We also talked about all the costs associated with home buying that most people don't think about — costs like the appraisal fee, home inspection fee, land transfer fees, water/septic tests (if you're outside a major city),

reimbursement of prepaid property taxes, costs to set up new accounts, and legal fees. This can be anywhere from 1.5-4 per cent of the price of the home you're buying. I told Meg she was probably looking at about \$5,000 in closing costs.

In the end, Meg decided she and Jackson would rent for a couple of years, building up their down payment and stashing cash away for their closing costs so they wouldn't end up strapping their cash flow just when they were most likely to need to buy some new stuff.

If you don't own your own home in your 20s, you're not a failure. Home ownership used to be a goal in itself. Now it seems have turned into a stepping stone: buy a fixer-upper now, buy a bigger house in five years, then buy a monster home. People follow "the plan" without giving much thought to the costs.

I didn't buy my first home until I was 30 and I was making a crap load of money. Even then, when it came time to sign the paperwork, my hand shook. Actually, my whole body shook and I thought I was going to toss my cookies. That's how big a deal it was for me.

Home ownership should not be seen as a badge, something you measure yourself and others by. Home ownership is a lifestyle choice. Home ownership is great, if you do it right. Buy a home you can't afford, commit to payments that stress you out, and you'll rue it. Your home won't be something you can enjoy, it'll be an albatross around your neck.

ETIQUETTE

How to recover from workplace mistakes



Don't problem-solve alone if your error affects others, advises Eleni Deacon. ISTOCK

OFFICE RELATIONS

Eleni Deacon



Even the most diligent double-checkers inevitably make mistakes at work. Whether it's an easy-to-fix slip or a more complicated bungle, owning up to missteps can be both embarrassing and frightening. But while it's tempting to pretend the flub never happened, the way you handle your mistake will have a significant impact on its consequences — both for your organization and for yourself.

As soon as you notice the gaffe, press pause on how you react. Although it's important to move swiftly, panicked confessions will make your

mistake — and you — seem sloppy. Before gushing apologies to every manager, team member and intern within earshot, quickly assess the costs of your fault and make a preliminary plan for its rectification. Don't initiate solo damage control unless you are positive your solution won't further disrupt your company's workflow. Worse than making one mistake: bandaging it with another mistake.

When 'fessing up, own up. Visit your superior in-person and provide a clear, composed breakdown of what happened. Apologize, once, then focus on mending your wrong. This is not the time to spew a blame-shifting story about how Roger in Sales gave you the wrong numbers.



Apologize, once, then focus on mending your wrong.

Accepting accountability when things go wrong is just as important as doing things right. It's unavoidable that certain mistakes, especially those that cost money or big chunks of time, can bruise the trust between you and your boss. But providing an honest and thoughtful explanation demonstrates that you still deserve their confidence in you.

Once you've explained what went wrong, tackle why it happened. Is your mess-up a

rare smudge on an otherwise blemish-free track record? Nobody gets through their career without tripping from time to time. But if you're regularly cleaning up your own spills, it might be time to address the cause. Whether it's lack of motivation, carelessness or a need for more guidance, investigating (and addressing) the root of your goofs will help pre-empt further oversights.

When you make a mistake at work, it can feel like a reputation killer. But in reality, few mistakes will be so severe as to drastically change your professional standing. Manage your mistakes proactively and your lapse will be quickly forgotten.

What won't be forgotten: your smooth response to an uncomfortable situation.

Lightning bolt ahead

NHL PLAYOFFS

Tampa Bay shuts out New York to take 3-2 series lead

Steven Stamkos set up Valtteri Filppula's go-ahead goal and scored another and the Tampa Bay Lightning pushed the New York Rangers to the brink of playoff elimination with a 2-0 victory Sunday night in Game 5 of the Eastern Conference final.

Ben Bishop, who gave up 10 goals in the previous two games, had 26 saves in posting his second shutout and getting Tampa Bay within a victory of reaching the Stanley Cup final for the second time in franchise history. They won the Cup in 2004.

GAME 5 In Manhattan



Tampa Bay's special teams played a major role. They killed off four power plays in clinical fashion in the opening 31 minutes of a scoreless game, limiting New York to four shots, and then Stamkos added a power-play goal after Filppula opened the scoring.



Steven Stamkos of the Lightning celebrates after scoring a goal against Rangers goaltender Henrik Lundqvist during Game 5 of the Eastern Conference final on Sunday night in New York. BRUCE BENNETT/GETTY IMAGES

Game 6 is Tuesday night in Florida.

This isn't the first time the Rangers have been on the edge of seeing their Presidents' Trophy-winning season come to an end. They trailed the Washington Capitals 3-1 in the conference semifinals and rallied. They also overcame a 3-1 deficit last year

against Pittsburgh.

This was a game the Rangers controlled early. The power plays gave them a chance to put Tampa Bay down and they failed to convert.

A little less than two minutes after the Lightning killed off a tripping penalty to Andrej Sustr, the Lightning took the lead.

Defenceman Anton Stralman sent a great bank pass up the side boards to Stamkos. He carried the puck into the Rangers' zone, found Filppula coming down the middle and the centre beat Henrik Lundqvist with a shot to the upper part of the net.

After Marc Staal picked up his second penalty of the game,

the Lightning needed just over a minute to double the lead.

Nikita Kucherov sent the puck from the right circle to Ondrej Palat in the left circle. He quickly sent a cross-ice pass to Stamkos in front and the Lightning captain redirected the puck past a helpless Lundqvist.

THE ASSOCIATED PRESS

MEMORIAL CUP

Generals knock off host Remparts in overtime



Remparts goalie Zachary Fucale makes a save on the Generals' Tobias Lindberg on Sunday. JACQUES BOISSINOT/THE CANADIAN PRESS

It seemed that goalie Zach Fucale would stop everything in overtime until Oshawa Generals defenceman Stephen Desrocher found the answer.

Desrocher stepped to the middle and whipped one in off the crossbar at 18:07 of the extra period to lift the Ontario Hockey League champion Generals to a 5-4 victory over the host Quebec Remparts on Sunday night at the Memorial Cup.

"It was a great individual effort by Steve," said Oshawa centre Cole Cassels, who won the draw back to Desrocher for the

Round-robin match



game-winning goal.

It was Oshawa's 18th shot of the overtime period and 50th of the game. Fucale, a former Halifax Moosehead, had been brilliant in turning away many of them.

The win guaranteed the Generals (2-0) at least a spot in the

semifinals of the four-team tournament and gave them a chance to take first place in the round-robin stage if they can win Tuesday night against the Western Hockey League champion Kelowna Rockets.

Oshawa's Tobias Lindberg forced extra time with a one-timer on a power play with 2:09 left in regulation.

The Generals had blown three one-goal leads, the last one when Dmytro Timashov scored twice in a 3:09 span of the third to give Quebec (1-1) its first lead.

THE CANADIAN PRESS

IN BRIEF

Cavs take stranglehold on Hawks in East final

LeBron James shook off an atrocious shooting start and withstood Atlanta's gritty comeback to record a triple-double, and the Cleveland Cavaliers moved within one win of the NBA Finals by beating the Hawks 114-111 in overtime on Sunday night to take a 3-0 series lead.

James missed his first 10 shots, but finished with 37 points, 18 rebounds and 13 assists. The Cavs needed every single one of them to hold off the top-seeded Hawks, who fought Cleveland until the final seconds despite losing Al Horford, who was ejected in the first half. THE ASSOCIATED PRESS

Kirk nips Spieth at Colonial

Chris Kirk made a par-saving 7-foot putt after an errant tee shot at the 18th hole, avoiding a playoff at Colonial in Texas and winning by a stroke on Sunday for his fourth PGA Tour win.

With a closing 4-under 66, Kirk got to 12-under 268, one ahead of Masters champion Jordan Spieth, playing partner Brandt Snedeker and Jason Bohn. Kirk hooked his tee shot at 18 into rough but a nice chip set up the winning putt. THE ASSOCIATED PRESS

Montoya captures second Indy 500 checkered flag

Juan Pablo Montoya held off Penske Racing teammate Will Power over the final two laps Sunday to win his second Indianapolis 500.

After watching Power jockey for the lead with Chip Ganassi Racing's Scott Dixon for several laps, Montoya went high into Turn 3 to take over second place, then darted right past Power on the front stretch to take the lead. He pulled away from there to win IndyCar's showcase race.

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Juan Pablo Montoya THE ASSOCIATED PRESS

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Didier Drogba is surrounded by teammates after Chelsea were officially crowned the 2014-2015 Premier League champions at Stamford Bridge on Sunday. AFP PHOTO/ADRIAN DENNIS

Fitting farewell for Chelsea's top Dro

BPL SOCCER

Ivorian carried
to touchline in
last game prior
to title party

Before raising the Premier League trophy aloft, Chelsea's players first decided to lift something just as precious: striker Didier Drogba.

In an unusual, mid-game pause around 30 minutes into Sunday's season-ending match against Sunderland, which Chelsea won 3-1, Drogba was carried to the touchline in a planned flamboyant substitution. Then in his final moments as a Chelsea player, the 37-year-old Ivorian removed his shirt and waved farewell to each corner of Stamford Bridge and removed the armband handed to him for the day by club captain John Terry.

Drogba was persuaded to return for one final season by

Mourinho, two years after leaving Chelsea following his winning penalty kick in the 2012 Champions League final. This time it really seems to be the end at Chelsea for the former Africa player of the year.

"It's a difficult moment for me," Drogba said in an address to fans after clutching the Premier League trophy he also won three times during his first eight years at Chelsea.

"This one is really special because it's going to be the last one as a (Chelsea) player."

There was no final goal for Drogba on Sunday, with his replacement, Diego Costa, instead quickly scoring from the penalty spot to cancel out Steven Fletcher's Sunderland opener. Loic Remy then scored twice for the champions in the second half before the title party could begin. Sunderland, meanwhile, is now waiting to discover if Dick Advocaat wants to stay as manager or retire. The 67-year-old Dutchman was hired on a temporary deal

ROUND-UP

Hull is the third team to be relegated after Queens Park Rangers and Burnley.

Hull needed to beat Manchester United to stand a chance of staying up and could only draw 0-0. Even a win wouldn't have made a difference as Newcastle, which started two points above Hull, beat West Ham 2-0. Arsenal secured a third-place finish, and direct qualification for the Champions League group stage, by beating West Brom 4-1. Liverpool lost 6-1 at Stoke but still qualifies for the Europa League along with Tottenham which wins 1-0 at Everton. THE ASSOCIATED PRESS

two months ago and completed the task of keeping the north-east club in the Premier League. THE ASSOCIATED PRESS

IN BRIEF

Contador extends Giro lead as Landa takes 15th stage

Alberto Contador extended his overall lead of the Giro d'Italia by seven seconds on Sunday after finishing third behind winner and fellow Spaniard Mikel Landa on a mountainous 15th stage.

Landa attacked on the final steep section of the climb up to the Madonna Di Campiglio ski resort to claim his first Grand Tour stage victory ahead of Yuri Trofimov. Contador edged out closest challenger Fabio Aru to claim key bonus seconds. THE ASSOCIATED PRESS

F1 RACING

Crash gives Monaco victory to Rosberg

Nico Rosberg won the Monaco Grand Prix for the third straight year after a late crash involving teenager Max Verstappen undid Lewis Hamilton's bid for a fourth win of the season.

Hamilton looked set to take his 37th career win after leading from the start, until the 17-year-old Verstappen rammed his Toro Rosso into the back of Romain Grosjean as he tried to overtake the Lotus driver.

That meant a safety car had to come out at the start of the 64th lap, and when Hamilton was then called in for a pit stop by Mercedes — a data-inspired and overly cautious move to switch him to softer tires — he suddenly found himself behind both Rosberg and Ferrari's Sebastian Vettel.

"I can't really express the way I feel at the moment, so I won't even attempt to," a despondent Hamilton said. THE ASSOCIATED PRESS

RECIPE Seafood Satay



EAT LIGHT AT HOME

Rose Reisman
rosereisman.com

@rosereisman

Ready in

Prep time: 10 minutes
Cook time: 5 minutes

Ingredients

- 1 lb large peeled shrimp or scallops, or a combination
- ¼ cup light coconut milk
- 2 Tbsp natural peanut butter
- 2 tsp low-sodium soy sauce
- 2 tsp sesame oil
- 2 tsp rice vinegar
- 1 tsp honey
- 1 tsp sesame seeds, toasted
- 1 tsp minced garlic
- ½ tsp minced fresh ginger
- ½ tsp hot Asian chili sauce (or to taste)
- 3 Tbsp chopped fresh cilantro or parsley

Directions

1. Preheat the barbecue or

a non-stick indoor grill to medium-high. If using wooden skewers, soak 4 skewers in water for 20 minutes.

2. Thread seafood on skewers.

3. Mix remaining ingredients.

4. Brush skewers with half the sauce. Spray grill with cooking oil and cook skewers, turning once, for 5 minutes or until the seafood is just cooked through.

5. Serve with remaining sauce on side. Sprinkle with the cilantro and additional sesame seeds.

Nutrition per serving (recipe serves 4)

- Calories 173
- Protein 20 g
- Carbohydrates 4.4 g
- Fibre 0.8 g
- Total fat 8.4 g
- Saturated fat 1.9 g

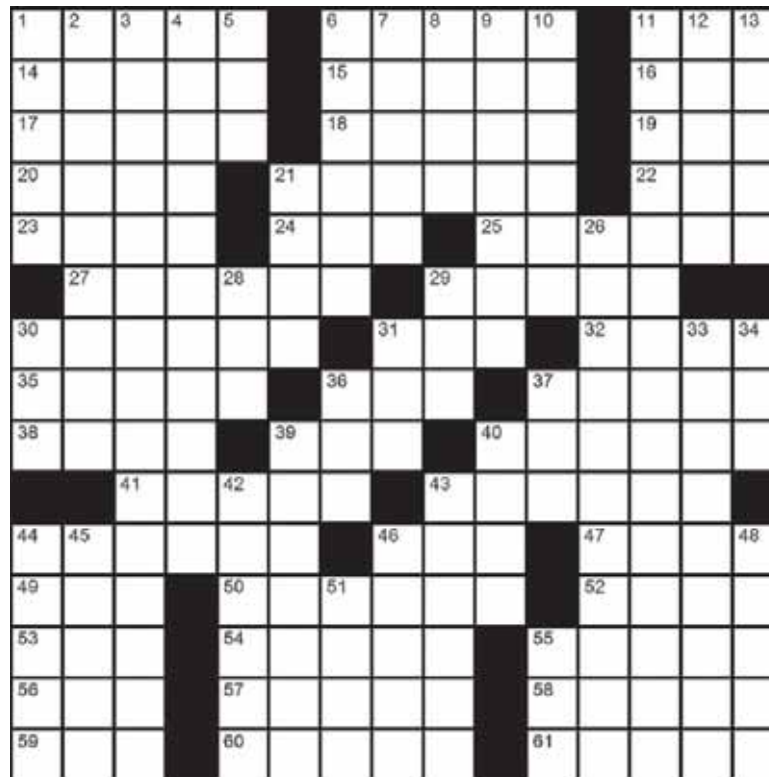
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Entrepreneur/mogul, Sean '___' Combs
6. Pierces
11. School org.
14. 403 in ancient Rome
15. Principle
16. Functioned
17. Classic fabric
18. Anoint, archaically
19. Type
20. Time ___ the essence
21. Explode: 2 wds.
22. "Kill Bill: ___ 1" (2003)
23. Flower shop item
24. Literary contraction
25. Demi Moore movie in which she shaved her head: 2 wds.
27. ___ International Airport, in Newfoundland
29. Ms. Jackson
30. Austrian composer, Franz ___ (b.1787 - d.1863)
31. "Corner ___"
32. Portions, briefly
35. Rid of certain vermin
36. Young sheep
37. Line
38. ___ up (Be livelier)
39. Peach's inner
40. "Gigi" (1958) star Ms. Caron
41. Spooky
43. Retro series on Montreal-born actress Jessica Pare's



- resume: 2 wds.
44. Joe ___ (Canadian designer who will be on the upcoming season of CBC's "Dragons' Den")
46. Long-snouted fish
47. Eye part
49. Actress Ms.

- Green
50. Home of Odysseus
52. Mr. Shankar
53. "___ ever!" (And how!)
54. Neutral shade
55. Director, Michael ___
56. Prince Vali-

- ant's son
57. Mr. Woods of golf
58. Beach towel site
59. Fleur-de-___
60. Toboggans
61. Benjamin ___ (Kamloops, BC born actor)

DOWN

1. Cato's 654
2. Differer's declaration: 2 wds.
3. Drumheller, Alberta: Earth's extinct extractions: 2 wds.
4. Name of the wolf-dog on "Due South"

5. Yang's counterpart
6. Less recently-baked
7. Carpentry joint, mortise and ___
8. Afresh
9. Type of whales
10. Intervene: 2 wds.
11. Ride leading to a penthouse suite: 2 wds.
12. Jean-___ (Montreal metro station)
13. ___-length boots
21. Root ___ (A&W specialty)
26. "Damn!" or "Blimey!", Canadian-style: 2 wds.
28. P.I.
29. Series for Canadian actor David James Elliott
30. Economy stat.
31. Acquire
33. Arthurian Legend lady
34. Date
36. Connect
37. Proof-ending letters
39. Northern ___ (Duck variety)
40. Ms. Spencer of "Good Morning America"
42. Bonnie of song, and surnamesakes
43. Bearers of ceremonial staffs
44. Soldier's honour
45. Off-white
46. Gawked
48. Army assistants
51. Massive
55. Sly ___ fox

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Make things easy for yourself and learn from other people's mistakes. You can do your own thing in your own way if you wish but wouldn't it be better to tread in the footsteps of those who have been there?

Taurus April 21 - May 21
You will have to work closely with people you would probably prefer to avoid over the next 24 hours. But don't worry, it won't be too much of an ordeal and come this time tomorrow you'll be saying your good-byes.

Gemini May 22 - June 21
You have a huge sense of optimism and self-belief but it does not mean you will be free of the consequences of your actions. Think before you act over the next 24 hours — it could save you a lot of trouble.

Cancer June 22 - July 23
You don't feel under so much pressure and can spend more time with those you love. For too long you have kept your feelings under wraps — now it's time to show them off.

Leo July 24 - Aug. 23
You seem to believe that there is no longer any danger, that your critics and rivals have all been dealt with and no longer pose a threat. Maybe you're right, but can you be sure?

Virgo Aug. 24 - Sept. 23
The plans you make over the next few days may have to be revised in the light of new information come next weekend, so don't make them too binding. Remember: there is a world of difference between creative thinking and wishful thinking.

Libra Sept. 24 - Oct. 23
You may have strayed a little off course of late but don't worry about it. What happens today will point you in the right direction and make you realize that you are really not that far away from where you should be.

Scorpio Oct. 24 - Nov. 22
Be careful what you ask for over the next 24 hours because, having got it, you may decide that you don't want it after all. Not only will that be embarrassing but you may have to pay someone to come and take it away!

Sagittarius Nov. 23 - Dec. 21
Focus on the one or two things that really matter and let everything else look after itself. Like all Sags you are easily distracted but you can and you must concentrate on what is important today.

Capricorn Dec. 22 - Jan. 20
Whatever you are working on now you must make a good job of it. If you try to get away with less than perfect work you will most likely have to go back and do it all again later.

Aquarius Jan. 21 - Feb. 19
It will pay you to keep a low profile today. Nothing bad is likely to happen if you stick your head above the parapet, but calling attention to yourself could result in extra chores you really don't want to do.

Pisces Feb. 20 - March 20
You may have nothing to hide but that does not give friends and family members the right to probe into your private affairs. Anyone who tries to do so today must be told in no uncertain terms to mind their own business.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



Difficulty Level ★★★★★

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